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ORTHOPAEDIC SURGERY

Q&A

John J. Wild Jr., M.D.

- Graduate of University of Arizona College of Medicine
- Internship/Residency and Fellowship Training: Baylor College of Medicine
- In Private Practice Since 1984; Army Physician Since 1982
- Name of Practice: Tucson Orthopaedic Institute

John J. ("Jesse") Wild III, M.D.

- Graduate of Tulane University School of Medicine
- Internship/Residency and Fellowship Training: University of Vermont; Fellowship at New England Baptist Hospital
- In Practice Since 2009
- Name of Practice: Tucson Orthopaedic Institute

Q: Do you ever collaborate on cases? If so, do you have a case you're particularly proud of?

A: (Dr. John Wild) We talk every day about patients, approaches, unique cases, review X-rays, and assist each other on complicated cases. I like to think that Jesse benefits from my years of experience, and I benefit from his recent training and new ideas.

A: (Dr. Jesse Wild) We take advantage of a second opinion, as well as a second set of hands in the operating room.

Q: Do you specialize in specific body parts? If so, which one(s)?

A: (both Drs. Wild) Shoulder, hip and knee.

Q: Do you perform reconstructive surgery? Total replacements? Partial replacements?

A: (Dr. John Wild) Shoulder, hip and knee.

A: (Dr. Jesse Wild) Yes, hip and knee, as well as an interest in sports medicine and shoulder care.

Q: When should a person see an orthopaedic specialist?

A: (Dr. John Wild) We see many patients referred from primary care doctors when all conservative treatments have been exhausted. A person might choose to see an orthopaedist whenever there is a suspected traumatic or repetitive motion injury to a bone, joint, tendon or nerve; or a bone or joint deformity causing problems.

A: (Dr. Jesse Wild) Many people come to us with a traumatic injury such as a fracture. That is often some of our most necessary and gratifying work. Others, we see when other treatments are failing for chronic conditions such as arthritis, or other painful conditions of the joints.

Q: Are you seeing an increase in specific problems, and at what age? Name three of the riskiest sports that may cause injuries.

A: (Dr. John Wild) More active aging adults, as well as more prevalence of obesity, has generally led to more injuries and wear and tear. Rather than singling out specific sports, I can say that we commonly see problems resulting from intense training or repetitive stresses to a part of the body, in many sports. Impact sports can create a risk for injury, but better training and equipment design reduce this.

A: (Dr. Jesse Wild) In addition to raw numbers, activities are continuing for many Americans into the later years. This has led to an increase in injuries and painful conditions, fractures, etc.

Q: What are the most significant advances in your field in the past five years?

A: (Dr. John Wild) The improvements in prosthesis design (the components for hip and knee replacements) are providing better and better results — especially in revision joint replacements.

A: (Dr. Jesse Wild) Advances in injury prevention, less invasive treatments like arthroscopy with regard to joint replacement and fracture care.

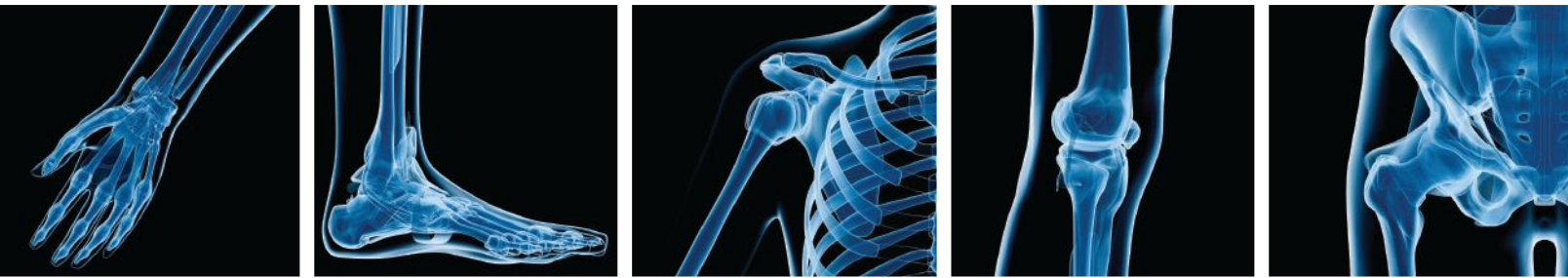


John J. ("Jesse") Wild III, M.D. (left)
John J. Wild Jr., M.D.
Tom Spitz Photo



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